Youth Protection Powerpoint Training Facilitator Guide

Use the following guide as an aid in giving the Youth Protection Policy Training at any Kiwanis club or district event. This guide is a companion piece of presenter notes/script to the Powerpoint presentation pdf at kiwanis.org/youth-protection-training.

Slide Script

1. Protecting Youth in Kiwanis Service: Know. Protect. Respond.

Hello. I'm (NAME, TITLE) with Kiwanis International. Thank you for joining me to learn why youth protection matters and what role you can play in keeping the youth in our programs safe. Let's get started!

® Kiwanis

2.

Learning objectives



Know why youth protection matters.



Learn Kiwanis policies, how to protect youth & prevent abuse.



Respond to abuse, inappropriate behavior and policy violations.

Whether you are a district leader, local club member or officer, Service Leadership Programs advisor, or chaperone, you have a vital role to play in protecting our youth. Thank you for taking the time to listen to this important topic.

The learning objectives for today's training session are to provide you with examples of why youth protection matters; discuss Kiwanis policies, protocols and best practices to support safe environments; and where to find additional resources.

Some of the policies and examples may be uncomfortable or triggering for you. At any time, feel free to step away and come back when you feel ready.

3.



As Kiwanis members and/or advisors who support youth, it is important to know why youth protection matters.

4. Kiwanis Service Leadership Programs serve the world



Together, we are the stewards for the well-being of hundreds of thousands of young people involved in Kiwanis Service Leadership Programs across the world. Each of us may be responsible for one, two, 10, or 50 young people. SLP members are counting on us to provide educational and fun experiences so they can grow in leadership, service, and general life skills. The foundation of this is safety. You can't learn or grow – much less enjoy your experience – if you feel unsafe. We owe it to these vulnerable populations to protect them.

Abuse and today's youth



- Teen girls are experiencing record high levels of violence, sadness and suicide risk.
- LGBTQ+ teens continue to face extremely high levels of violence and mental health challenges.
- 5 in 6 cyberbullied teens are also emotionally and violently abused at home.
- Nearly half of all U.S. teens have been bullied or harassed online.



- In February 2023, the CDC reported that teen girls are experiencing record high levels of violence, sadness and suicide risk.
- LGBTQ+ teens continue to face extremely high levels of violence and mental health challenges.
- A CDC survey shows that 5 in 6 cyberbullied teens are also emotionally and violently abused at home by parents or grownups.
- A 2022 Pew Research Center survey on teens and cyberbullying revealed that nearly half of all U.S. teens have been bullied or harassed online.

6. Abuse also happens online

- New technologies lead to new dangers.

 Up to 20% of 12- to 17-year-olds have experienced online sexual exploitation and
- Varied concerns: visually explicit material, fantasy and offline contact.
- · Perpetrators often portray themselves as minors.
- Strategies include gaining access and isolation.
 Sexual topics are often introduced on the first day of
- contact.
- The majority take conversations offline.
- 80% of perpetrators are known to victims.
 Minors who have a sexual relationship offline typically consider it consensual.



Abuse also happens online. Technology has made incredible advances with generative Artificial Intelligence, and immersive platforms are fast becoming a reality of our lives. With these new leaps come new dangers for children and young people.

The issue is further exacerbated by the internet's vast reach, leading to a shocking increase in child sexual exploitation and abuse (CSEA). Safe Online's global flagship research project, Disrupting Harm, reveals that across 13 countries alone, <u>up to 20% of 12 to 17-year-olds</u>, have experienced online CSEA. That's over 5 million children.

It is common for adult perpetrators to pose as minors and then use strategies to gain access to the youth and isolate them. As these conversations progress, perpetrators often take the conversations off-line.

This often comes in the form of bullying, grooming, and solicitation, and just like with in-person locations, perpetrators are typically known to the victims.

7.

Where abuse happens



- Typically in private spaces (bathrooms, cars/buses or hotel)
 Also online through texting, sexting, pornography or social media
- One-on-one access to groom and assert emotional control.

Abuse can happen anytime. Typically, it occurs in private spaces like 1-on-1 interactions, bathrooms, cars/buses, or hotel. Abuse or inappropriate behaviors can also happen online through texting, sexting, pornography, or social media sites.

Predators use one-on-one access to groom and assert emotional control over vulnerable youth.

As volunteers in after school, off school grounds and sometimes overnight events, there are opportunities where one-on-one, private situations could occur with youth. By educating ourselves and each other, we're better equipped to be aware of those times and spaces.

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8. Protect educate and angage all Kiwania

Protect, educate and engage all Kiwanis members — both youth and adult.

- Empower and educate adult members with best practices when working with youth.
- Protect youth from predators.
- Provide youth with skills and tools designed to inspire and engage future leaders to be their best.

To know more about why youth protection matters, let's clarify our goals for Kiwanis youth protection.

We aim to protect, educate, and engage all Kiwanis members - youth and adult, so that we prevent, intervene and respond to physical, sexual and mental harm & abuse.

9.



As Kiwanis members and/or advisors, it is important to know the Kiwanis youth protection policies and practices that help us meet our goals.

10.



We need to equip ourselves, other adults, and SLP members with the tools to prevent adult-to-youth abuse and peer-to-peer abuse by:

- Following Kiwanis youth protection policies.
- Identifying concerning behaviors.
- Mitigating risky situations with supervision.
- Reporting emergencies, abuse or concerning behaviors sooner rather than later and
- Modeling safe, appropriate behaviors.

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11.



Here, we present several compelling reasons why youth education on sexual abuse prevention is important as evidenced by the research.

- When people know youth have been educated, they are less likely to target those youth.
- When adults know information, they can share it with youth.
- Education increases the number of disclosures, which leads to interrupting additional abuse and to more youth getting the help they need.

12.



Besides our Youth Protection Policies and Procedures pdf document available online to be printed, Kiwanis and SLP strive to make policy and prevention training accessible to volunteers and leaders working with our SLPs.

- 1. Kiwanis website with links to multiple YP resources
- 2. Praesidium abuse prevention online course portal
- 3. District youth protection managers exhibiting a table at district Kiwanis conventions.

13.



When you visit our main webpage for youth protection and background checks at kiwanis.org/youthprotection, scroll down to see resources and training links at the bottom.

14.

Accessible training









Prevention of potentially harmful situations and abuse starts with education, and holding everyone accountable for creating and maintaining a safe environment for youth.

The A in the ABCs of Youth Protection is Accessible high-quality training. This comes in multiple formats. There are forums and workshops held by clubs and districts. Kiwanis recommends youth protection workshops be held at District conventions or other meetings.

Each North American district, and several KI-Europe and Asia-Pacific districts, have a youth protection manager. District Youth Protection managers are a great resource for training materials and to help explain or understand policies. They can also lead virtual or in-person trainings.

Kiwanis is encouraged to see that abuse risk management continues to be widely discussed in districts, clubs and program lines and more attention than ever is being placed on preventing and responding to sexual abuse.

15.

Access Youth Protection Policy training



- · Club group activity
- · Every Kiwanis year (October 1 September 30
- · Education sessions at district conferences
- · Training slide deck, recording and backgrouncheck FAQ available online





What more do we need to know about youth protection training? (read the bullet points on the slide.)

16. Accessible club training

Club-level (group), annual, Youth Protection Policy training

- · Every Kiwanis club is expected to inform and educate its members on these guidelines.
- · Use these slides or webinar video (both on the website.)
- Club secretaries report completed training on the Kiwanis Engage Secretary Dashboard.



Kiwanis policy requires local clubs to review youth protection policies each year. Clubs typically show these slides or this recorded presentation to meet this requirement at an in-person or virtual meeting. Once your club has completed this training, the club secretary will mark it complete on the Kiwanis Connect Secretary dashboard. You can also print the Kiwanis International Youth Protection Guidelines from our website to hand out during your training.

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17.

Accessible online youth protection courses PraesidiumAcademy.com

two years			rench and Spar	
Course	SLP Youth Protection a risk managers		SEP BAs a advisors CK-Kids and Aktion Clubs1	Non-advisor members (Gay, LTG, Club Officers) a. Non-member Chaperones (Faculty, Parent, Spouse)
Abuse Risk Management for Volunteers	1	1	1	1
Social Media Safety	1	x	- 1	1
Preventing Sexual Activity Among Adolescents	- 1			
Buty to Report	1	1		
Meet Sam	- 1	x	- 1	
It Happened to Me	1	1	- 1	
Salety Equation: Monitoring a Supervision	1		1	

Another part of the training is individual. Kiwanis offers free, on-demand, online abuse prevention courses. These courses give examples of what abuse may look like and how to handle a situation if a student reports abuse. These courses are taken through the nationally recognized Praesidium Academy, a learning management system tied to the Kiwanis membership database. The chart in front of you shows which individuals are asked to complete which courses, based on your Service Leadership Programs role. Take a moment to identify your role in the top row of the chart.

Courses are offered in English, Spanish and French. The completion of the courses is valid for two years by Kiwanis International. By re-taking the courses every two years, you stay refreshed and current on youth protection content.

18.

Kiwanis members self-initiate a learner account:					
1.	In Kiwanis Engage, click "Education" and then "Create new Praesidium Academy account."	Mypothe Manufact Propriet his Propriet his Propriet H Committee Committ	Transcell Understand Learning NF CAS Learning Materials SC CAS STATE AND ADDRESS SC CAS STATE AN		
2.	Check your email for invitation to access account.	(C) Out-byles (C) Out-book (L) Out-byles (c) (C) Out-byles (c)	South Promotion Select Assessment South Assessment Selected Select		
3.	Click on "Forgot Password" to create a new password.	© France (i) Mercle sales (ii) Mercle behalts server	Landonfry Stanlaguer Stanlag British Stiff, James Berstein Ghild Landonfry Lindford Stanlaguer Stanlaguer Ghild Landonfry Lindford Stanlaguer Stanlaguer Stanlaguer Stanlaguer Stanlaguer Stanlaguer Stanlaguer Stanlaguer S		

To create an account in Praesidium, log into Engage, click "Education," then click "Create your Praesidium Account." If it says "Access Praesidium Academy" instead, you already have an account and can click the link to access your courses. Or, you can go directly to <u>praesidiumacademy.com</u> to log in. Kiwanis International will continue to use Praesidium for youth protection training until the trainings can be customized. If you have questions or encounter a technical difficulty, email us at youthprotection@kiwanis.org.

19.

Preventing false allegations

- Remain in an area where other adults and youth can see you:
- o Work in sight of others.
- Don't go into an enclosed space alone with a youth. Take 2 or more youth, or stand outside to supervise.
- Avoid physical contact.

Protecting youth is our highest priority. However, we also want to be careful about being alone with youth or having too few chaperones so we prevent false allegations. To do this, consider remaining in areas where other adults and youth can see you, whether you are in their physical line of sight or they can see your online activity. This includes not going into a bathroom, elevator, or other enclosed place alone with a youth. Instead, take two or more youth with you, or if the situation permits, wait outside within earshot to supervise.

Also, avoid physical contact with youth. Even actions that feel playful or empathetic to you can be unwelcome and inappropriate to another individual.

20. Background checks: What are they?



- Safe Hiring Solutions background checks are valid for 2 years.
 Kiwanis SLP advisors' cost is US\$35.
 Members and nonmember chaperones pay US\$35 and any
- additional fees required by their county, state or country.

 A background check invitation link will be sent to the email on file.

 (Check spam folder.)

 In U.S., may take 7-14 days to process. Outside U.S., may take up to
- When submitting chaperones for an event, allow adequate time for processing, depending on your location.

Background check steps are different for California and Canada. Email backgroundchecks@kiwanis.org for your location's link.

Also see kiwanis.org/policy-requirements-for-california-volunteers. Kiwanis International background checks are valid for 2 years and need to be renewed to remain in a DA or Kiwanis advisor role. We recommend submitting a background check application at least 2 weeks prior to the event needed, or even longer if you have an event with many names to be submitted. There may be requests for additional supporting documentation.

Kiwanis contracts with Safe Hiring Solution's Safe Visitor system to provide an online application portal for U.S., Caribbean, and other members to secure a background check. Clubs often background check multiple volunteers to have backup chaperones, especially during Fall Rally time and District conventions.

Note that due to California state law, California residents have a different background check process. Please see our website for instructions. You can get there from kiwanis.org/youth-protection.

21.



Now, let's discuss policies beyond background checks and training.

22. Virtual SLP club events



We advise at least 2 or 3 background-checked adults in virtual programs.



As with in-person activities, whether you have three members or 80, we advise that you have at least 2 to 3 background-checked adults involved in virtual programs.

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23. Understand policies: Online & electronic communication

Social media connections

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The National Center for Missing and Exploited Children received close to 85 million online files containing child sexual abuse material in 2021. For this, and other reasons, we want youth to know we expect their online and electronic interactions with adults to remain public.

For social media connections and friending or following, Kiwanis has policy about social media and electronic communications with youth. Adult KI members, advisors, chaperones, etc. should not maintain private social media connections with a youth program member and should only use social media to communicate to a closed page/group of several participants. Never initiate, follow, friend, or like posts or pages of individual youth.

Never tag a minor or share their username or handle online. This could threaten their safety by revealing their interests or the locations they visit often.

Remember that everything on the internet should be kept professional, as it is a public forum. Avoid harsh, coercive, threatening, intimidating, derogatory, or humiliating comments or sexual conversations or images.

For email, texting, and WhatsUp group chats, remember the rule of threes and avoid one-on-one contact online just as you would in person. When contacting by email, text, Whatsup group chat or virtual meetings, there should always be at least two adults copied whether it be a background checked/trained advisor, DA or chaperone or the student's parent. This helps decrease the risk for misunderstandings or inappropriate interactions. Outline specific times for when communication can be sent between volunteers and youth (e.g. during the day only). If communication occurs outside of the designated timeframe, that could serve as a warning that interactions between volunteers and/or participants should be monitored more closely.

For student photos, while we love seeing and posting photos of Kiwanis youth, make sure you have signed parent/guardian permission slip before a club posts a youth photo. Group photos are okay from the back of youth or blurring youth faces. Don't post a youth photo on a personal advisor or KI member's page.

Script

Understand policies: Requirements for Kiwanis 24. advisors and member/nonmember chaperones



- Must be 21 years or older. (Some districts' age
- eview the Kiwanis Youth Protection Policy. Complete abuse prevention online courses nrough Praesidium Academy.
- Consider your ability to supervise and monitor -
- Allow one adult to tend to an urgent situation while others lead the group

It is important to understand the polices and requirements for chaperoning youth events. (Read bullet points on the slide.)

25. Transportation



- · Adults driving are considered chaperones and
- need a Kiwanis International background check
- Have at least three people in a car.
- Youth should ride in the back seat/rows
- Get parent/guardian approval before transporting Follow local school and traffic safety laws
- · Do not text or use phone while driving



Sometimes your activity will involve transporting youth. Again, follow the rule of threes, and make sure there are always three people in the car. When possible, youth should ride in the back. Make sure you have parent or guardian approval for the transportation, that you are following local traffic safety rules and laws, and that all drivers know not to text or use the phone while driving.

26. Understand policies: Adult-to-youth ratios



Kiwanis policy requires a certain number of chaperones to be involved with Service Leadership Programs events. The number of chaperones required is determined by the number of youth in attendance.

For a Single-day SLP event, there needs to be a minimum of 1 background checked adult per 50 youth.

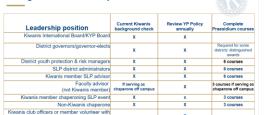
For an overnight SLP event, a minimum of 1 background checked adult per 10 SLP members, which breaks down to:

- 1 adult male to supervise no more than 10 youth males AND
- 1 adult female to supervise no more than 10 youth females.

Adults chaperones must be 21 or older. CKI members younger than 21 can volunteer but can't be an "official chaperone," nor counted in the ratio.

Please note on the topic of overnights: adults MUST NOT share sleeping quarters with youth except with their own child. An exception would be a bunkhouse or camp cabin setting.

27. Background checks: Required for whom?



Let's go over the background checks and youth protection training chart. (Discuss chart on the slide.)

28. Background checks: How do I get one?



There are multiple ways to begin the background check application process so that the Kiwanis level of screening can be done by Safe Hiring. Depending on which country you live in, your country may have slightly different laws and processes. US members can self-initiate a link or ask their club secretary to send a link to the online background check application.

In the Caribbean, South America, Europe, Asia and the Pacific region, individuals or secretaries can request an individual link to start an online application by emailing backgroundchecks@kiwanis.org

Canada and France do not allow a third-party search, so Safe Hiring isn't able to screen records. As an alternative, those members are asked to visit their local police station to get a vulnerable sector check (as it's called in Canada) and send it to Kiwanis International for verification by email or post.

29.



Next, let's learn how we can protect youth and respond when necessary.

Script

Reporting troubling behaviors 30.



See something? Hear something? Say something.

If you observe or learn of behavior that is inappropriate, unsafe, violates policy, or is illegal, even if the event has passed, it's simple. You must say something. You may be the one person who can make a difference. Reporting when you see troubling behavior could prevent further harm and save other children from abuse, and it contributes to the safety of members and clubs.

Contact event leader 31.



- · Immediately stop abuse or inappropriate behavior.
- · Separate youth from the accused
- · Contact the event leader (if it's not you). Decide whether you or the event leader will report the incident.
- Gather notes before call:
- Information of individuals involved
- Action taken (different from investigating



YOUTH PROTECTION HELPLINE 866-607-SAFE (7233)

Notify your event leader and KI about an accident, injury, suspect child abuse, exploitation or neglect, or youth protection policy violation or any other situation that may affect a young person's safety or well-being. Follow all local and national reporting laws, report immediately to your local child protective services or report to local law enforcement if the situation requires it. We take all reports seriously and encourage everyone to report youth protection concerns, regardless of when the incidents occurred.

Depending on who is involved in an alleged incident, whether it is peer youth-to-peer youth or adult-to-youth, appropriately contact parents/guardians, advisors or school administrators of affected youth.

Call the Youth Protection Helpline 32.



YOUTH PROTECTION HELPLINE 866-607-SAFE (7233

- · Put this number in your phone!
- Helpline is staffed 24/7 by intake professionals at aesidium Inc. They provide guidance about follow-up and report back to the Kiwanis Youth Protection team.
- Anyone can call Helpline including members chaperones, parents and others. Callers may remain

Your first call is to the Kiwanis Praesidium Helpline at 1-866-607-SAFE (7233). You may want to pause and put this number in your phone. Before you call, make sure you have notes you'll need for the conversation: i.e., time frame of incident, information of individuals involved or having knowledge of the situation, and any action that was taken.

The Helpline is staffed 24/7 by intake professionals at Praesidium Inc. as part of our partnership with them. They provide no-cost, confidential coaching on abuse prevention and response, and to discuss potential abuse-related concerns, suspicious behavior, and/or boundary violations associated with a SLP Program. They will also make a report to the Kiwanis Youth Protection team. The Helpline is available for anyone to make a report or seek guidance, including members, chaperones, parents and others. Callers can choose to remain anonymous.

33.

Important reminders

- Maintain confidentiality of the accused, accuser and others.
- You are not an investigator You are a support and a guide.
- You are not a judge. Record and report the information to others.



You are not an investigator. We appreciate you making reports and sharing with Praesidium the information you have. Your role is to support and guide youth. Please do not place yourself in the role of an investigator.

You also are not a judge. As a support and guide, you want to gather and present information, but not interpret it. If inappropriate behavior or abuse is reported to you, ensure your response is one of accepting information and showing empathy. Sometimes people think, "What was reported to me may not be true," or "That doesn't sound like a big deal to me." However, the report still needs your action, and the individual needs your support and empathy. What seems inconsequential to one person can be traumatic to another.

34.

Culture of Care

Kiwanis Culture of Care initiatives provide students with resources to:

- Prevent bullying.
- · Be an upstander.
- · Locate mental health resources
- · Understand healthy communications
- · Respect personal boundaries.

And more!



Our student leaders are our No. 1 ally and resource in creating world-class experiences within Kiwanis Youth Programs. Our Culture of Care initiative provides students with the training and resources to be leaders in preventing bullying, reducing incidences of violence, understanding healthy relationships and personal boundaries, and more.

The Culture of Care training provides Youth Programs members with meeting agendas and facilitation guides.

35.

Culture of Care: Youth mental health

- Depression is the most common mental health disorder among teens.
- Rates of depression have increased 45-60% among youth since 2009
- 3 of 4 teens with depression also have diagnosed anxiety. 50% have behavior problems



Depression is common. Depression is serious. Depression is treatable. It's also the most common mental health disorder among teens. In fact, it has increased significantly over recent years – and many of those teams have reported anxiety and behavior problems. We have made this a priority in our culture of care. Everyone knows someone experiencing depression which means it is an opportunity to talk about it in a normalized way.

Script

Culture of Care: Partners and resources 36.



CKI + Active Minds · Changing the conversation about mental

Key Club + Erika's Lighthouse

· Meeting kits on club

· Depression education · Teen empowerment videos · Teen mental health awareness

Anti-bullying resources



www.buildersclub.org

Through our partnerships, we take concrete steps toward addressing mental health and sharing self-care resources.

CKI partners with Active Minds to change conversation about mental health on college campuses.

Key Club partners with Erika's Lighthouse to deliver depression education, teen empowerment, and teen mental health awareness.

Builders Club and K-Kids have meeting kits, including an agenda and activities that can be used during a club meeting. Find them on their respective webpages.

Culture of Care: Kiwanis membership

37.

38.



- · Everyone should know safety is a part of volunteering with youth
- Treat youth protection as a team activity.
- · Appoint qualified members as district SLP administrators, assistant administrators and youth protection managers
- · Promote youth protection training and background check compliance, as a first quarter (October-December) priority
- · Know the steps if abuse or red-flag behavior is reported to you.
- · Safe environments and a culture of care empower youth.

How can we promote a Culture of Care through our Kiwanis membership? (Read the bullet points on the slide.)



Are there any questions?